



BODY TREATMENT MENU

8Beyond has partnered with Healing Earth, a leading natural, eco-friendly and holistic spa & skincare company, to produce a truly authentic African spa experience for the mind, body and soul. Therapeutic in its approach, Healing Earth only uses all-natural ingredients and essential oils. The luxuriant spa products & soothing treatments are inspired by the wisdom of Africa's traditional healers & celebrate our continent's vibrant heritage, communities and plant life. Your journey starts with a traditional African foot cleansing ritual. The foot ritual symbolizes the cleansing of influences & thoughts, allowing for each treatment to start with one feeling centred & calmed. Your journey ends with the soothing sounds of the African Rainforest with a Rain stick Sound Therapy Ritual.

Quiet Mind Journey

A unique blend of aromatherapy and plant oils, chosen specifically by you, are used in this fantastic treatment that utilises deep tissue massage techniques to bring relaxation to tired, aching muscles. Choose from a blend of aromatherapy oils to either destress, hydrate, relax or detox.

Full body: 90 min

Back & Neck only: 30 min / 45 min



Healing Earth African Shea Butter Ritual

African Shea Butter has been long hailed for its powerful healing and nourishing properties. This full body massage targets specific areas of tension and muscular discomfort, employing deep tissue techniques where pain is dramatically alleviated.

Full Body & Scalp 75min
Back, Neck & Scalp 45min

Soul of the Earth Celebration

Re-awaken your soul with a combination of soothing African aromatherapy oils and botanical body balms. This form of therapy uses rhythmic movements. Your therapist will enlist the help of the traditional African calabash and bamboo tools, as well as their hands, to bring balance to your mind, body and soul. Choose African potato for its ancient healing powers, marula neroli for a sensory indulgence, Kalahari melon for its hydrating properties, mongongo nut to detox or cinnamon & orange to firm and tone.

Full body & Scalp: 90min
Back & Scalp: 60min

Earth Glow Body Polish and Wrap

Re-awaken your senses through gentle exfoliation & envelope your body with blends of natural African essential oils and botanicals. The treatment begins with a dry polish, followed by a full body polish to alleviate tension and renew skin. Afterwards, unwind with wrap and an indulgent full body massage using our powerful collection of indigenous African oils and balms. Choose African potato for its ancient healing powers, marula neroli for a sensory indulgence, Kalahari melon for its hydrating properties, mongongo nut to detox or cinnamon & orange to firm and tone.

90min



AFRICAN HAND & FOOT TREATMENTS

African Footprint Ritual

Rejuvenate tired feet with this indulgent treatment that will leave them feeling hydrated, softened and silky smooth - ready to conquer the African bush. Your feet will be soaked in an African Joy energizing salt soak, scrubbed with a rejuvenating peppermint and eucalyptus scrub and embalmed in African shea butter. Relax as you receive a shoulder and scalp massage, and finish the treatment with a cooling foot gel.

30min

African Handprint Ritual

Your hands are polished with a pure peppermint and aloe vera polish and cuticles are restored with indigenous healing oils. Your hands are then embalmed with African shea butter. Relax as you receive a shoulder and scalp massage and finish the treatment with a nourishing Pinotage hand oil massage, leaving your hands feeling soft and rejuvenated.

30min

WILDCHILD BEAUTIES & BUDDIES

A WILDChild needs pampering too

Soak tired little feet in Healing Earth's lavender and jasmine bubble bath, followed by a mango orange scrub, toenail grooming and mini foot tickle and rub. The treatment also includes a 15min back, neck and shoulder massage with pure aloe vera gel, and culminates with an African tribal face paint. Add to your little one's experience by purchasing a Beauties and Buddies Pamper Kit – a wonderful memento of their safari.

Treatment 30min
Beauties & Buddies Pamper Kit

