

# Kids Packing Checklist

FOR YOUR AFRICAN FAMILY ADVENTURE



## CLOTHING & APPAREL

- A warm windproof jacket
- A light waterproof raincoat (&Beyond supplies adult size ponchos only)
- Long socks and long pants for chilly mornings
- Light layers - Layering is important as temperatures rise dramatically throughout the day
- Shorts and t-shirts (fast-dry)
- Neutral-coloured clothing
- Closed comfortable sneakers for nature walks
- Sandals/Flip flops for the middle of the day
- Swimwear (&Beyond supplies towels)
- A sun hat or cap
- A buff (not essential, but great for windy days)
- A beanie & gloves (in winter)
- Sleepwear and underwear



## DAY PACK

- Sunscreen is essential
- Lip balm with SPF
- A small digital camera or InStax (instant photos for their scrapbook),
- An underwater or waterproof camera if visiting the beach
- Tissues or wipes
- Hand sanitizer



## MEDICINE

- Yellow Fever vaccination cards
- Chewable probiotic tablets
- Motion sickness pills if required (for flying on small aircrafts)
- A broad-spectrum antibiotic
- Anti-malaria medication (as prescribed by your health-care practitioner)
- Bug Spray
- Band-Aids and Painkillers
- Anti-nausea or diarrhoea medication
- Anti-histamine cream (for bites) and tablets for any allergies
- Antiseptic cream
- Rehydration sachets
- If you are doing a lot of walking, bring muscle rub or anti-inflammatory cream
- Remember to alert your hosts to any allergies the children may have at the start of your safari, and keep any emergency medication easily available if it must be taken immediately.



## MISCELLANEOUS

- A small backpack filled with things to keep them busy (pack of cards, handheld game, word searches, colouring-in book etc.)
- Notebooks and checklists (&Beyond supplies checklists and goodies for kids in a complementary WILD-child bag)
- Reading material for night-time stories
- Head torch
- Binoculars (it is better for each of the children to have their own set)
- Chargers and spare batteries
- Luggage locks – (we recommend combination locks)
- Portable power banks to charge USB devices
- Copies of all passports and travel documents (including travel insurance and visas)
- A small blanket (if your younger child wishes to wrap up on game drive or at boma dinner)
- Water bottle
- Snuggle cushion for travelling